

CARDIAC & DIABETES EDUCATION MEETINGS 2012

DATE	TIME	TOPIC	COORDINATOR	PLACE
January	_____	NO MEETING	_____	_____
February 9	1:30-3:00 PM	"Emotions and Chronic Diseases"	Cardiac	CONF. ROOM A
March 8	1:30-3:00 PM	"Shape up Your Plate"	Nutrition	CONF. ROOM A
April 12	1:30-3:00 PM	"Traveling Tips with Diabetes and Other Chronic Illnesses"	Diabetes Education	CONF. ROOM A
May 10	1:30-3:00 PM	"Women & Heart Disease"	Cardiac	CONF. ROOM A
June	_____	NO MEETING	_____	_____
July	_____	NO MEETING	_____	_____
August	_____	NO MEETING	_____	_____
September 13	1:30-3:00 PM	"Navigating the Costs of Chronic Illness, Including the Donut Hole"	Diabetes Education	CONF. ROOM A
October 11	1:30-3:00 PM	"Unorthodox Exercising Right in Your Own Home"	Cardiac	CONF. ROOM A
November 8	1:30-3:00 PM	"Complications of Diabetes"	Diabetes Education	CONF. ROOM A
December 13	1:30-3:00 PM	"Food Resolutions for the New Year"	Nutrition	CONF. ROOM A

COORDINATORS

Diabetes – MerriLea Kylo – RN 484-4575 x 7130
 Diabetes – Holly Oestreich – RN 484-4575 x 7129
 Cardiac – Janet Mraz – RN 234-5000 x 7158

Nutrition – Karen Gensmer – DTR 234-5000 x 7135
 Nutrition – Lynn Marcus – RD 484-4575 x 7131
 Nutrition – Beth Nere – RD 234-5000 x 7133

